



National Outdoor Recreation  
and Conservation School



**Exploring, Discovery, Learning**

St. Louis WOW School

**Oct. 6-7, 2018**



## What Is WOW?

- WOW is a National Outdoor Recreation and Conservation School that introduces families and individuals to a variety of outdoor activities.
- WOW is a hands-on learning experience that attracts a wide range of ages, interests and abilities.
- WOW is a great family outing with an educational component.
- WOW teaches basic skills necessary for families and individuals to enjoy outdoor activities in a safe and responsible manner.
- WOW is a leisure-time recreational activity with health benefits that promote the quality of life while enjoying the outdoors.
- WOW is taught by knowledgeable instructors.

For more information regarding registration, contact Wonder of Wildlife at 417-225-1162.

For more information about activities, contact the Missouri Department of Natural Resources at 314-340-5794 or toll free at 800-334-6946.

Forms are also available online at [mostateparks.com/wow](http://mostateparks.com/wow)

**REGISTRATION OPENS AUG. 6, 2018. Priority will be given to first-time participants. To ensure that the registration process is fair to everyone, registration will only be accepted by mail. Registrations postmarked after Sept. 14, 2018, will be accepted only if space is available and are subject to a nonrefundable \$10 late fee.**



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# PROGRAM INFORMATION

## Mission Statement

WOW National Outdoor Recreation and Conservation School is designed to teach participants how to enjoy a wide range of outdoor recreation activities while practicing personal safety and outdoor responsibility. Each WOW course will include outdoor skill, conservation, safety and ethics components.

## General Information

WOW is designed as an annual event and offers a comprehensive educational program through selected courses and workshops. Some courses are designed to provide a complete range of instruction, while others deal with only one topic. Each year, the program will vary depending on requests and previous participation.

## Location

WOW will be held Oct. 6-7, 2018, in Forest Park in St. Louis and overnight camping in Robertsville State Park. Check-in will be held behind the Dennis and Judith Jones Visitor and Education Center at the Lindell Pavilion, which is located on Grand Drive in the northern area of the park.

## Registration

WOW St. Louis registration closes Sept. 14, 2018. Each individual must pre-register for all educational programs in which they participate. The registration fee is \$15 per individual and will cover instruction, use of equipment and lunch for Saturday classes.

For those registered for overnight camping, the fee is \$25 per individual, which also includes dinner on Saturday evening and breakfast on Sunday morning.

To ensure that the registration process is fair to everyone, registration will only be accepted by mail. Sorry, absolutely no registrations will be accepted by phone, fax or email. Registrations received after Sept. 14, 2018, will be accepted only if space is available and will be subject to a \$10 late fee.

In order to ensure that as many families that desire to participate are able to register, priority will be given to first-time registrants. Previous participants are welcome to register, but are encouraged to explore additional opportunities at other WOW events around the state. For information on other WOW events, visit [mostateparks.com/wow](http://mostateparks.com/wow).

To register for WOW, you must:

- Complete a registration form for each participant age 13 and older. Participants ages 6 to 12 must be registered on the same track as parent/guardian. A parent/guardian must attend classes with a child ages 6 to 12 — two children per adult please. First-time participants will be registered prior to past WOW participants.
- Number your track choices one through eight in the order of your preference, with one being your first choice and eight your last choice. This is very important! Classes fill up quickly. Every attempt will be made to enroll you in your first choice.

- Enclose payment in full; make checks payable to WOW School STL.
- Financial assistance is available; see page 4.
- Sign and return the liability/photo release and registration form.
- Mail registration materials and payments to:  
Wonders of Wildlife  
Attention: WOW School STL  
500 W Sunshine  
Springfield MO 65807

### **Confirmation Letter**

Participants will receive a confirmation letter after registration has been completed (please allow three weeks for processing). The letter will provide the track number with a list of classes in which the participant has successfully been enrolled, any special instruction for the courses, (including clothing or equipment needs), a detailed map of the WOW campus and special event information. The confirmation letter is meant to ensure that participants are aware of their responsibilities and expectations before arriving at WOW.

### **Program Changes**

Organizers reserve the right to cancel, reschedule or relocate any proposed offering without prior notice. Examples of why a program offering could be canceled include insufficient enrollment or emergency cancellations by the instructors. Organizers also reserve the right to substitute instructors if necessary.

### **Cancellation Policy**

Cancellation and refund requests must be submitted in writing prior to Sept. 14 to Wonders of Wildlife, Attention WOW School STL, 500 W Sunshine, Springfield, MO 65807.

Absolutely no refunds will be given after Sept. 14, 2018. All cancellation requests are subject to a nonrefundable \$10 service fee. When applicable, refunds will be processed after a three-week (minimum) waiting period.

### **Age Requirements**

Participants must be 6 years of age or older to attend WOW classes. An adult must accompany children age 6 to 12 to all classes and program activities — one adult per two children, please. (This means that the parent/guardian must be registered for and attend the same class as the child.) Discretion will be left to the parent/guardian to determine whether a child age 13 or older is capable of attending classes unsupervised.

## **Physical Activity Guide**

To help participants anticipate what physical levels to expect for each course, a physical activity rating system has been created with ratings listed in the description of each course.

- Low: Requires minimal physical skill/endurance. Ex. Lecture-based and hands-on activities in a classroom setting.
- Moderate: Requires moderate physical skill/endurance. Ex. Lecture-based and hands-on activities while standing and short walks.
- High: Requires high levels of skill/endurance. Ex. Lecture-based and hands-on activities while standing, hiking, lifting and full-body movement.

## **Special Needs**

In compliance with the Americans with Disabilities Act, WOW will make all reasonable efforts to accommodate people with special needs. Please enclose a letter with your registration form stating any special needs you might have.

## **Transportation**

Participants are responsible for their own transportation to and from Forest Park and Robertsville State Park if camping. Shuttles will be made available to participants for some courses. Shuttles will depart and return from the twin lot in front of the Dennis and Judith Jones Visitor and Education Center.

## **Camping**

A learn-to-camp program will be available for overnight campers at Robertsville State Park near Robertsville, Missouri on Saturday evening, Oct. 6. All participants wishing to camp must register in advance. Campers will be issued a designated campsite. Campsite occupancy will be limited to six persons. The program will include the basics of how to set up and break down your campsite. Campers will prepare their own meals on Saturday evening and Sunday morning. Tents, cooking equipment, firewood and food will be provided. Bring everything you need for an overnight experience, including flashlight, camp chairs, tents and sleeping bags. Staff will be available to assist with all elements of camping from set up to meal preparation. Campers will have access to the shower house and restroom facilities in the campground

## **Financial Assistance**

Financial assistance for registration will be available for participants who are in need. To obtain a financial assistance form, call 417-225-1162 or email us at [registration@wondersofwildlife.org](mailto:registration@wondersofwildlife.org)

# COURSE DESCRIPTIONS

*You must be pre-registered for WOW to participate.*

*On-site registration is not available.*

*The courses will run from 9:30 a.m. to 4 p.m. on Saturday.*

*The following WOW courses will be offered in tracks during the day on Saturday. There are eight different tracks and each track consists of three 90-minute courses. Tracks 1–5 are designed for ages 6 and over. Tracks 6–8 are intended for ages 9 and over. Participants must meet the enrollment requirements and follow the specific track in which they have been enrolled. Enrollment is limited to 20 participants per track.*

## **OUTDOOR COOKING**

MISSOURI STATE PARKS

*Physical Activity: Moderate*

There are some exciting, creative and amazingly easy ways to cook with little or no cleanup while enjoying the great outdoors. How about banana splits, fresh baked cakes, no-mess scrambled eggs and bacon, fresh hot cinnamon bread and tasty trout almandine. Try some of these and other simple, delicious recipes while exploring some unique methods of camp cooking.

## **BASIC FISHING**

MISSOURI DEPARTMENT OF CONSERVATION

*Physical Activity: Moderate*

Get hooked on fishing! Designed for beginners, this course will teach participants skills such as casting, knot tying and baiting techniques. You will also learn how to identify various species of Missouri game fish, and try your hand at catching some of them. Bait and equipment are provided. Bring a lawn chair and old towel.

## **BEGINNING ARCHERY**

MISSOURI DEPARTMENT OF CONSERVATION  
AND NATIONAL PARK SERVICE

*Physical Activity: Low/Moderate*

Like Robin Hood, you too can enjoy a time-honored sport that is growing in popularity. It's fun, inspiring, a good workout and a great family activity. This course will cover archery safety, ethics, shooting techniques and equipment selection. You will receive personal instruction and adequate time to practice what you learn.

## **FAMILY CANOEING**

U. S. ARMY CORPS OF ENGINEERS  
AND U.S. FISH AND WILDLIFE SERVICE

*Physical Activity: Low/Moderate*

This course introduces adults and children to the excitement of canoeing safely and professionally. All equipment including paddles and approved life jackets will be provided. It is recommended that participants dress appropriately and prepare for the possibility of getting wet.

## **FLAG ADVENTURE**

ST. LOUIS ORIENTEERING CLUB

*Physical Activity: Moderate*

If you love the outdoors, exploring and maps, then this activity is for you. This course will teach the sport of navigating through an outdoor area, such as a park, using a map and perhaps a compass. The goal is for you to make your way through a series of points identified on a map, find the distinctive orange and white flags and return to the starting point. This sport combines physical activity and thinking skills. It is an activity for everyone, regardless of age or experience. Materials will be provided.

## **GEOCACHING**

NATIONAL PARK SERVICE

*Physical Activity: Moderate*

If you like to hunt for treasures or go on scavenger hunts, you need to attend this workshop. You will learn how to say “geocaching,” get a taste of what it is all about and learn how to do it. Instructors will show you the website pages and how to go from the website to the actual geocache site. Learn some basics about working with a GPS unit (bring your own if you have one or some will be provided) and actually go find some hidden geocaches.

## **BEGINNING KAYAKING**

MISSOURI STATE PARKS  
AND U.S. ARMY CORPS OF ENGINEERS

*Physical Activity: Moderate*

Imagine floating down the river in a kayak, relaxing and enjoying the sights and sounds of nature. This course will teach you how to properly enter and exit a kayak as well as basic paddling strokes used to safely maneuver a kayak. Once everyone is familiar with these basics on land, you will head to the lake to practice what you have learned.

## **NATURE WOODWORKING**

MISSOURI STATE PARKS

*Physical Activity: Low/Moderate*

Do you want to attract wildlife to your backyard? Do you like working with tools and building something with your hands? Then this course is for you. This entry-level woodworking class will help you with easy-to-build projects and you will have your very own bird box to take home for your backyard.

## **POLLINATORS**

U.S. FISH AND WILDLIFE SERVICE  
AND ST. LOUIS ZOO

*Physical Activity: Low/Moderate*

In this session, you will learn how to become a scientist by recording when you see monarch butterflies and how to create a place for them and other pollinators to live in your neighborhood. You will learn the stages of the monarch butterfly’s life cycle and play a game to test your knowledge, mold a seed ball to create a mini butterfly habitat near your home, and use an easy app-based system to report monarch butterflies. A smartphone or data-enabled device is recommended for a portion of this program; only one phone per family is needed.

**OVERNIGHT CAMPING**  
**ROBERTSVILLE STATE PARK**

MISSOURI STATE PARKS

*Physical Activity: Low*

If you want to share the outdoors with your children, teach them to appreciate nature, and build a lifetime of memories, then learning the ins and outs of camping is for you. Participants will get an overnight camping experience in a Missouri State Park campground. Each family will have their own designated campsite. Campsite occupancy will be limited to two tents and six persons per campsite. Campers will learn how to set up camp, prepare your own meals, build a campfire and roast marshmallows. Tents, cooking equipment, firewood and food will be provided. Bring everything you need for an overnight experience, including flash light, folding chairs, tents and sleeping bags. Park staff will be available to assist with all elements of camping from set up to meal preparation. Campers will have access to the shower house and restroom facilities in the campground.

If you wish to borrow a tent, please indicate it on the registration form. Tents are pre-assigned. Campground etiquette and rules will be provided. Bring everything you need for an overnight camping experience.

**SUNDAY MORNING**

**CHECK OUT**

Breakfast, coffee and hot chocolate will be provided.  
Break down and pack up campsite.

# CAMPING CHECKLIST

*Checklists are a good habit to get into when you prepare for an outing.  
These lists are suggested items for any camping trip.*

## **Sleeping and Comfort**

- Air Bed, Cot or Camp Pad
- Sleeping Bags
- Tent Light or Lantern
- Pillows
- Blankets

## **Camping Gear**

- Tent, Poles and Stakes
- Compass, Maps and Portable GPS (optional)
- Flashlights/Extra Batteries
- Camping Lantern
- Ground Cover or Tarp
- Lawn or Folding Chairs
- Refillable Water Bottle

## **Personal Care**

- First Aid Kit
- Hand Sanitizer
- Insect Repellent
- Sunscreen
- Layered Clothing
- Rain Gear
- Sunglasses

## **You'll Be Glad You Brought**

- Camera
- Binoculars
- Cell Phone/GPS
- Backpack/Tote
- Deck of Cards

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